

Counselling centre

TARGET GROUP

Counselling for adult women and their children who are in distress, women with existential problems and homeless women. This service is anonymous, free and confidential.

THE SERVICE

- Advice for women with financial problems: information about legal rights, grants and benefits, and debt settlement
- Help in dealing with authorities
- Help finding somewhere to live, renting and financial help
- Help with looking for work and with problems at work
- Advice on divorce matters
- Legal advice
- Health advice and advice on (unwanted) pregnancy
- Advice on living with children and adolescents

DOWAS for women – counselling center

Adamgasse 4/2, 6020 Innsbruck
Tel: 0512-562477, Fax: 0512-562477-7
beratung@dowas-fuer-frauen.at

OPENING HOURS:

Monday: 9 a.m. to 1 p.m.
Tuesday: 1 to 5 p.m.
Wednesday: 9 a.m. to 5 p.m.
Thursday: 9 a.m. to 1 p.m.



WE ARE

a point of contact for women in distress, women with existential problems and homeless women with children.



WE OFFER

advice, support, assistant living options and help with securing a sustainable existence for women who are motivated to work on changing their lives.



WE WANT

to give space to female living worlds and to demand women's rights.

Donations account:

IBAN: AT12 3600 0000 0068 9034 · BIC: RZTIAT22

Thank you very much for your support!

Legal notice:

Responsible for the content:

DOWAS for women, Adamgasse 4/2, 6020 Innsbruck

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DOWAS for women

Advice

Information

Help

Assisted living options

The children's team

www.dowas-fuer-frauen.at

Assisted Living

TARGET GROUP

Women (from the age of 18) and their children in intolerable (living) conditions, who are about to lose or already have lost their home. The services are aimed at women with and without children, whose current circumstances make it impossible for them to live independently.

TASKS AND GOALS

Assisted living offers women with and without children a home on a subletting basis. The aim is to provide longer-term care and support in order to stabilise and improve the women's circumstances as much as possible.

The goal is for the women to ultimately live in their own affordable home.

THE SERVICE

- Subletting agreement with care contract
- Continuous psychosocial and social work care and support
- Help securing a sustainable existence in the longer term
- Help with vocational orientation and finding work
- Help with finding somewhere to live
- Help and support by the children's team
- Crisis intervention

DOWAS for women – assisted living

Adamgasse 4/2, 6020 Innsbruck
Tel: 0512-562477-12, Fax: 0512-562477-7
Mobile: 0664-73121094 or 0664-73121095
bewo@dowas-fuer-frauen.at

AVAILABILITY OVER THE PHONE:

Monday to Thursday: 9 a.m. to 1 p.m.

Socio-educational shared accommodation

TARGET GROUP

The shared accommodation provides housing for 12 women and their children who are homeless or at risk of losing their home.

TASKS AND GOALS

The shared accommodation offers a safe space to women and children in critical circumstances. The aim during this temporary stay is to help the residents become stable and develop solution strategies independently.

The multi-professional team of the socio-educational shared accommodation has a duty of confidentiality.

THE SERVICE

- Psychosocial, social work and educational support
- Enhancing everyday coping skills
- Health advice
- Help and support in dealing with authorities and doctors
- Advice on financial and legal matters
- Help with finding somewhere to live
- Help with vocational orientation and finding work
- Help and support by the children's team
- Crisis intervention

Socio-educational shared accommodation

Dr.-Stumpf-Straße 118, 6020 Innsbruck
Tel: 0512-295498 · Fax: 0512-295498-4
wg@dowas-fuer-frauen.at

AVAILABILITY OVER THE PHONE:

Monday, Thursday, Friday: 9 a.m. to noon
Tuesday: 2 to 5 p.m.

The children's team

The children's team consists of a female child specialist and a male childcare worker. Children, adolescents and their mothers who live in the shared accommodation or in an assisted living home are given support by the children's team.

The female **CHILD SPECIALIST** has the interests of the children and adolescents at heart. She observes the current situation of the children and adolescents and responds to their individual needs. The parents are included in this process. The child specialist provides pregnant women with advice and support. She also supports mothers whose children are accommodated elsewhere.

The male **CHILDCARE WORKER** conveys a positive view of maleness to the children. He spends time with the children and adolescents organising their spare time, thus easing the burden for the single mothers.

THE SERVICES

- Psychosocial and educational support
- Health advice
- Help and support in dealing with authorities and doctors
- Leisure time and educational experience-based activities
- Group offers for mothers, children and adolescents
- Talks with parents
- Crisis intervention

DOWAS for women – the children's team

Dr.-Stumpf-Straße 118, 6020 Innsbruck
Mobile: 0664-73121096
Tel.: 0512-295498 · Fax 0512-295498-4
wg@dowas-fuer-frauen.at

AVAILABILITY OVER THE PHONE:

Tuesday, Wednesday: 2 to 5 p.m.
Thursday: 10 a.m. to 5 p.m.
Friday: 11 a.m. to 3 p.m.